

COMPETITION RULES

1. Entries must be in English, your own work, and not a translation.
2. Entries must not have been published or self-published in print or online, or have won a prize in another competition.
3. The maximum length for poems is 40 lines.
4. Please do not put your name on your poem pages or any other mark that could identify you.
5. Attach to your entry a single cover sheet giving the title of each poem, the amount paid, and your name, address, telephone number and email.
6. If you live in Cumbria, please indicate on your cover sheet that you want to be considered for the prize for a Cumbrian poet.
7. Entries should be typed in single-line spacing. Please put a line count at the foot of each poem. If you are submitting by post, please attach two copies of each poem.
8. You can enter as many poems as you wish, accompanied by the correct entry fee.
9. Copyright remains with the poet, but winning poems may be published on our website and on social media, for publicity purposes.

ENTRY FEES

£4 for one poem, £10 for three. £4 each for any subsequent entries.

Entry by post.

To: A Poem and a Pint Competition, 9 Casson Street, Ulverston, LA12 7JQ
postmarked no later than 15 July 2019.

Cheques or postal orders to be made payable to A Poem and a Pint.

We can only accept entries in pounds sterling – please do not send cheques in other currencies.

Entry by email.

First pay your entry fee by bank transfer

Sort code 16-52-21 A/C No: 52 039 602 A/C name: A Poem and a Pint
with the reference of your surname plus PP. (For example SmithPP)

Then email your poems in a single Word file, including the cover sheet to
Caroline.Gilfillan@btinternet.com.

In the body of your email, give your name, address, and the entry fee paid
– this information should also be on the cover sheet.

RECEIPT OF ENTRY.

Please enclose a stamped, self-addressed postcard if you want to receive acknowledgement of the safe arrival of your entry.

The judge's decision is final, and no correspondence will be entered into.

For further information about A Poem and a Pint, and our events, please visit www.apoemandapint.co.uk or our Facebook page.